



APDA LADIES' EVENT

**Sunday, February 26 at 11:30am
BRUNCH at the LA COSTA SPA**

The La Costa Spa was recently named the #1 Wellness Spa in the Nation by Spa Magazine, and #4 Spa in North America by Travel + Leisure

The APDA cordially invites you to a very special brunch in a unique setting. The La Costa Spa has been totally renovated and the spa grounds are lovely. You can walk through the beautiful courtyard, taking in the fresh herb garden. There is also a reflexology walking path designed to give your bare feet a natural massage.

We will enjoy our brunch in a separate area of the spa grounds. You will also receive a half-day gift certificate (\$30) to enjoy the spa amenities.

You may want to pack a bag with your bathing suit and spend the rest of the afternoon enjoying the spa. The separate pool is designed to encourage you to relax and lounge and you can invigorate your body under one of the Waterfall showers or take a dip in the relaxing Jacuzzi. You can also enjoy the indoor facilities including the sauna, cozy relaxing room and La Costa signature body lotions.

If you decide to make an appointment for a spa treatment, your half-day gift certificate can be applied towards the cost of your treatment. If you'd rather not relax at the spa on Sunday, you can also use the gift certificate for any other half-day you choose.



**Please RSVP to Rosemary Jacobshagen,
ro@apda.com or 773/230-9851**